

“Welcome to the park”

In the new Medical Center Dudokpark you will find the offices of dr. Bader & Toutenhoofd, dr. Sonnenschein and dr. Van de Sanden on the first floor.

On the ground floor you will find pharmacy Kring-apotheek van den Bergh and the physical therapists. In addition, the center houses dentists, psychologists, a dietician, podiatrists and obstetricians / midwives.

As a result of the shared facilities, the various disciplines can work together in an efficient way. This cooperation, alignment and mutual consultation will benefit the overall health care – and therefore your health.



Medisch Centrum Dudokpark
Hoge Naarderweg 3b
1217 AB Hilversum

General Information

MC Dudokpark houses three separate general practitioners offices since October 2012, located opposite the beautiful Hilversum town hall.

General practitioner Bader & Toutenhoofd
035-6247727

General practitioner Sonnenschein
035-6245527

General practitioner Van de Sanden
035-6245585

Prescriptions
035-6235776

Emergencies

Call **112** when every second counts!

Emergency? Call **035-6214015**

In case of injuries or other emergencies you can come straight to our offices on weekdays between 07:45h and 17:00h. If you call us ahead of your arrival, our doctors can prepare for your arrival.

Outside of office hours, please call the primary care post in Blaricum at 088 130 9600.

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www.mcdudokpark.nl/huisartsen





In this flyer you will find information about the general practitioners at Medical Center Dudokpark.
More information at www.mcdudokpark.nl

General Information

Office hours and coverage

Our offices are open daily from 8 am until 5 pm.

Dr. Bader & Toutenhoofd is out on Tuesday afternoons, dr. Sonnenschein on Wednesday afternoons and dr. Van de Sanden on Friday afternoons. At these times, the other general practitioners cover urgent medical business for them.

For vacations, absence related to further education et cetera, please refer to our website for the most recent information www.mcdudokpark.nl/huisartsen.nl. and please click through to your own doctors' website.

Walk-in consulting hours

Doctor Sonnenschein and doctor Van de Sanden

Every weekday between 7.45-8.00 am, we offer walk-in consulting. Upon arrival, you sign in with one of the assistants after which you will be seen in order of arrival.

The walk-in consulting hour is only meant for small and brief medical issues. If you have multiple questions or medical issues that require more time, we will ask you to make a new appointment, so that waiting times can be limited.

Consultations by appointment

Normal consultations are by appointment only and available every workday. You can make an appointment by calling the practice on workdays between the hours of 8 am and 1 am.

For quick and simple questions, you may also use our phone consultation service.

Phone consultation and e-consultation

All doctors offer a daily phone consultation-service. Simply call our practice between 8 am and 10 am and request a phone consultation. Your doctor will call you back later that day.

To use our e-consultation-services, please go to our website and submit your question there.

Please remember that phone consultations and e-consultations are for quick and simple, non-urgent questions only.

Patient Information

Home visits

If you are not able to visit our practice, we recommend you to call before 10 am to request a home visit. Home visits are scheduled late in the morning and eventually late afternoon. Because our offices offer better examination and treatment facilities, we encourage you to come to the medical center. Home visits are available for those patients who are very ill or frail. Home visits are not meant for persons who have no time to come to the medical center or for those who do not have transportation.

Practice nurse

The practice nurse can answer many of your questions. She is also qualified to help you with smaller examinations or treatments such as taking your blood pressure, treating warts (verrucae), various injections, treating wounds, ear syringing, removing stitches, bandaging and cervical smear tests.

Urine tests

Please bring in your urine sample before 10 am

Minor surgical procedures and examinations

The medical center is well equipped to perform smaller surgical procedures, place IUD's or to run special tests such as ECG's and pulmonary function tests (PFT's), drawing blood and other procedures.

We have a special, separate surgery room which is equipped with the latest technology and modern instruments.

We expect to expand our services in this area even more in the near future.

Parking

There is plenty of parking available on and around the practice on Hoge Naarderweg.

Parking fees apply, starting at 9 am. Please note that there is strict enforcement.

Repeat Prescription

You can order your repeat prescriptions through the prescription service. You can call the repeat prescription line 24 hours a day at 035-6235776. Please follow the instructions (in Dutch) carefully. You will be asked for the name of your doctor, your name, your date of birth, your pharmacy and the name of the medication you would like to order.

TIP: Keep your old medication package or label at hand.

You can pick up your repeat order at your pharmacy the next day after 2 pm. A number of pharmacies offer online repeat orders through their website (e.g. pharmacy Van den Bergh at the medical center). Please refer to the website of your pharmacy for more information.

If either of the above options are challenging for you, you are of course welcome to call the practice, or come by.

Substitutes

Substitutes when your doctor is out of office

When your own doctor is out of office, you can be seen by one of the other doctors at the medical center.

These doctors can access your medical records at that time. If you do not approve this, please let your own doctor know.

Primary Urgent Care Post

After hour care during evenings, nights, weekends and public holidays is provided by the Primary Care Post. All doctors from the Gooi and Vecht area work together here.

The Primary Care Post works by appointment only and is meant for urgent medical problems that cannot wait until your own doctor is available.

Address Primary Care Post

Primair Huisartsenpost
Gooi- en Vechtstreek
Rijksstraatweg 3
1261 AN Blaricum
Tel: 088 130 9600

Keep your insurance papers at hand when making an appointment.

General practitioners Bader & Toutenhoofd, Sonnenschein and Van de Sanden

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